Friends of Ocean Grove Nature Reserve



Code of conduct for activity participants

Please read and follow these requirements to make sure you are aware of the potential risks and how best to avoid them while participating in an activity organized by the Friends of Ocean Grove Nature Reserve (FOGNR). Most are common sense, but we wish to ensure activities are undertaken in the safest manner possible.

As an activity participant at a FOGNR activity you can expect:

- as far as practicable, potential hazards to activity participants have been identified and measures taken by the FOGR to ensure your health and safety
- the Activity Leader will assist with enquiries and provide any instruction and guidance necessary for your safe participation in the activities

As a participant you are expected to:

- follow all rules and regulations enforced by Parks Victoria at the Ocean Grove Nature Reserve
- follow any reasonable directions that the Activity Leader or other authorised persons give in relation to health and safety, local regulations or group expectations during the activities
- notify the Activity Leader of any relevant medical conditions and pre-existing injuries before participating in any activity
- consent to the Activity Leader rendering or authorising such medical treatment deemed as necessary and the participant accepts responsibility for all associated expenses
- participate in a location introduction and safety briefing prior to the activity
- sign on to the participant register when arriving and advise the leader if departing early
- · stay with the main group during an activity
- not wander off on your own or move ahead of the designated leader
- not smoke, consume alcohol or illicit drugs during the activity

- respect the rights, feelings and property of all others involved in the activity
- co-operate with safety systems put in place by the Activity Leader; take reasonable care of your own health and safety and the health and safety of others
- abide by the FOGNR Child Safe Code of Conduct (available at https://fognr.wordpress.com/)
- consent to photographs or videos taken during the activity that may be used by the FOGNR or its publication (Nature Reserve News), website or Facebook page. Alternatively, state your decision not to participate in any photos or video at the start of the activity
- provide for yourself all required medication and personal care items
- wear clothing and footwear appropriate to the activity and wear protective clothing and relevant safety equipment when required
- be "SunSmart", apply sun protection, and wear a hat and long sleeves and long pants
- report any incidents or hazards including injuries or near misses to the Activity Leader as soon as practical
- not attempt to undertake any tasks or physical activity beyond your ability to do so and say no to an activity or task you feel uncomfortable about
- be prepared to assist others who may be hindered by injury or medical ailments
- move quietly and talk softly so as to avoid disturbing wildlife
- not disrupt wildlife observations by others in the group while trying to photograph that wildlife